



Support for adults who are homeless or at risk of homelessness

Our Support Centre and our services have been adapted to comply with the government's guidance on managing the risk of COVID-19. Our Centre re-opens on Monday 12th October 2020 for the following appointment only activities and services:

Advice & Guidance



Trained staff and volunteers can offer support to overcome issues and help people move on with their life. We can offer **financial assistance** to move to a new property and can make referrals to **specialist partner organisations**. Support is available at our Centre by appointment and over the phone.



Practical Support



Take Away Hot meals are provided at all our learning activities. **Clothing & Bedding** are offered to everyone engaging in support.



Mobile Phones are given to people in a crisis and **Internet Tablet Loans** are available to help you get online.

Education & Learning

The following courses are delivered at our Support Centre:



Moving On – Prepare to move on and out of homelessness. Explore your accommodation options, learn how to maintain a tenancy, find out about available benefits and pick up budgeting tips.



Five Ways to Wellbeing – Learn how to look after your mental health. Take the time to discover 5 simple ways that could help you feel more positive and enable you to get the most out of life.



Creative Activities - Have fun exploring your creative side and take part in a variety of creative activities including painting, drawing, ceramics, model making, cooking and photography.

Opening Times



MON: Moving On: 10.30am to 12.30pm. One to one advice & support appointments are also available outside of these times.

TUES: One to one advice & support appointments.

WED: Five Ways to Wellbeing: 10.30am to 12.30pm. One to one advice & support appointments are also available outside of these times.

THURS: One to one advice & support appointments.

FRI: Creative Activities: 10.30am to 12.30pm. One to one advice & support appointments are also available outside of these times.

All our activities and services are now available by appointment only.

For all enquiries contact us at:

Email: contact@shilohrotherham.org.uk • **Telephone:** 01709 559504

Our Support Centre address is 15 Station Road, Masbrough, Rotherham, S60 1HN.

